

Pony Tales



Official publication of the Golden Hills Mustang Club
Established 1982

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October, 2026



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Club Purpose

The Golden Hills Mustang Club, established in 1982, is a nonprofit organization, the purpose of which is to promote the admiration, ownership, care and maintenance of the Ford Mustang Automobile - regardless of model year. The club provides a social group for its members whereby they can meet, socialize and maintain a spirit of good fellowship, and participate in activities including the use of their Mustang. The club serves as a medium for the exchange of ideas, information and parts, and is dedicated to furthering the interest of owners and drivers of the Ford Mustang.



Autumn launches the season of reflection of the events of the year and preparation for the upcoming year. Often it involves a transition with different people and fresh ideas. Such is the case with the new newsletter editing team of Peter and Lisa Mitsopoulos updating my byline to indicate how the Mustang is intended for paved roads while ATVs are more suited for the primitive routes. Please join me in supporting Peter and Lisa in this role!

Speaking of different people and fresh ideas, October's general membership meeting presents the opportunity to nominate candidates for officer and board member positions. Serving as an officer or board member can be a rewarding experience that allows you to work with fellow club members and Mustang enthusiasts to keep GHMC thriving. If you know someone who would make a great leader, please nominate them and encourage them to accept the nomination. Even if you cannot attend the October meeting in person, you may contact a board member to present your nomination. Your involvement helps ensure the club's continued success.

Have fun on the road and be safe out there!

GHMC Club Picnic

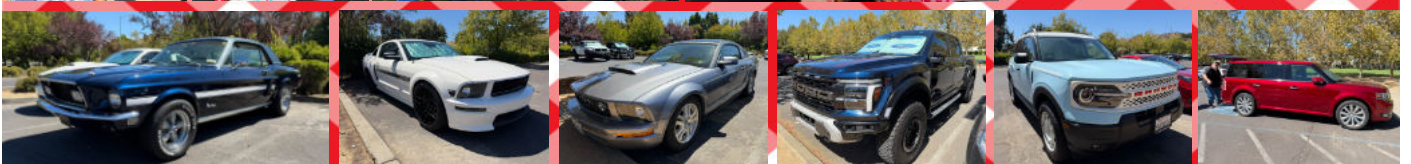
After an eight-year hiatus, the Golden Hills Mustang Club Picnic returned to Arlington Park in Vacaville on September 5—and what a wonderful day it was!

Members enjoyed good food, conversation, games, laughter, and friendship while taking a break from the busy car-show season. Although only a few Mustangs were on display, the club spirit was strong, reminding us that our friendships and camaraderie are what make the Golden Hills Mustang Club so special.

A very special thank you goes to Terry & Ileine Burke, Paul & Alice Troxell, and Peter & Lisa Mitsopoulos for their time, effort, and help in bringing the picnic back after eight years. Their support helped make this long-awaited event a success. Thank you to Tammy Robinette for creating an amazing basket for the raffle, and congratulations to Kathy Loya for winning the raffle prize.

It was wonderful to see familiar faces enjoying the day together. We hope this picnic marks the return of a favorite club tradition for years to come.

Photos by: Terry Burke, Rob Lo, Peter Mitsopoulos Article by: Rob Lo



BALL METAL CAR AND BIKE SHOW



On a windy but sunny morning, Ball Metal hosted their 13th Annual Car Show and School Supply Drive in Fairfield, California, on September 12, 2026. The show started off with a delicious pancake, bacon, and sausage breakfast prepared by Ball Metal employees. GHMC members Peter and Lisa Mitsopoulos, Jerry Lamphiear, and Terry and Ileine Burke were in attendance. Thank you to Paul and Alice Troxell for donating school supplies for this year's show. The day was filled with great music by Keel Entertainment, along with vendors selling food and other items, a petting zoo, face painting, corn hole for guests to play, raffle prizes, and a 50/50 raffle. There was a nice mixture of classics, hot rods, motorcycles, and trucks on display. The Solano Sheriff and Fairfield Fire Department displayed multiple emergency vehicles for the public to explore. Pink Heals Solano brought out "Christine" the pink Fire Truck, to raise awareness and support for men, women & children fighting all types of cancer. Trophies for show winners were handmade by employees from Ball Metal. Congratulations to GHMC/Napa Valley Cruiser member Jeanette Parsons for winning a trophy for best hot rod. School supplies donated will benefit schools within Solano County.

Photos by: Peter & Lisa Mitsopoulos, Terry Burke, Ball Metal
Article by: Peter Mitsopoulos





5TH Annual Wings and Wheels Rio Vista Airport

Golden Hills Mustang Club Enjoys Cars, Planes & Friendship Saturday, September 12, 2026, at the 5th Annual Airport Day: Wings & Wheels in Rio Vista, CA. Club members enjoyed a day of classic cars, vintage and experimental aircraft, food, music, and family activities. Golden Hills Mustang Club Members Paul & Alice Troxell (2017 Mustang GT), Scott Paulin (2013 Mustang GT/CS), Kat Narlow & Jeannette O'Gallagher (1999 Mustang 5.0 Convertible), and Rob Lo (1967 Mustang HT Coupe). We were also pleased to welcome our friends from the Golden Gate Mustang Club (GGMC): Robin Paulsell (2004 Mustang Cobra) and Paige Paulsell (1975 Mustang II Cobra). The event provided a great opportunity for members and friends from both clubs to connect, admire the cars and aircraft, and enjoy the relaxed airport atmosphere. Another Great Club Outing, Wings & Wheels, reflected what the Golden Hills Mustang Club is all about: great cars, great people, and great memories. Thank you to everyone who represented the club, and a special welcome to our GGMC friends. We look forward to seeing everyone at the next event. Keep those Mustangs shining!

Photos and Article by: Rob Lo





3rd ANNUAL VACAVILLE DOWNTOWN SHAKEDOWN CAR & ART SHOW

Saturday September 12 was the third annual Downtown Shakedown Car and Art (?) Show held in the streets of downtown Vacaville. Each year, it is a celebration of cars, art and community. The big feature, of course, is the 200 plus classic cars, trucks and motorcycles, along with music playing from local bands on a couple different stages. Art? I didn't see a lot of that...unless you count the cars as art, which isn't a stretch as there are a lot of cars that have a unique and "artistic" touch from their owners. The music was great also, with long-time Solano County band The Time Bandits closing out the day in a packed Andrews Park! I'll have to concede that music counts as art!

This car show, because it's part of a community event, is a little different with hours from 12 noon to 6pm instead of the usual car show hours of 10am to 3pm. The Discover Downtown Vacaville/Visit Vacaville organizations, which put on the event, asked for the cars to arrive at 10am, so I thought I better get in line with the 1967 Brittany Blue Lady at 8am! I attended this show with Bob Haran in his 1965 convertible, and by the time we rolled through registration at 9am, cars were already parked all the way down Main Street. Fortunately, there were some great spots in front of Vasquez Deli on the shady side of the street, so we quickly parked there, knowing that although we were a little bit off "car show central" we would be in prime position for some of the best Mexican food in town for lunch! Within a few minutes, a 1966 Nightmist Blue GT convertible parked next to us. When his schedule frees up, he will also be joining our club.

The main highlight for both Bob and I were the great conversations we had throughout the day, in particular meeting, Matt Timmons owner of a beautiful Nightmist Blue 1966 GT Fastback. Yes, a *second* 1966 GT Nightmist Blue Mustang was there that day. Matt knows longtime member Gaylord Gee through their similar law enforcement careers. Matt has joined our club, attending our last general meeting. We also met an early 1980's member Gunther Ficarrotta, who has also rejoined our club. Please make both Matt and Gunther feel welcome.

One final reason I liked this show was there was no participant or spectator voting for this show, which meant you can just enjoy the cars and the people you met, along with friends old and new. There was a nice variety of awards at this show, that were voted on by the Solano County Nor Cal Muscle Car Club, who also helped with check-in and parking. Awards were for various things like best Classic, Muscle, Truck, Paint, Interior, Engine, etc. I was quite surprised to earn a "Best Original" award because there were some really nice cars and trucks there. Of course, I quickly referred to it as the "Best OG" Award...OG...everyone's favorite new trendy word for original!

Let's get more GHMC cars out next year, it was a fun show!

Article and Photos by: Brian Evans





TEXAS ROADHOUSE CAR SHOW

Golden Hills Mustang Club brought Pony Power to the Texas Roadhouse First Car Show in Fairfield, CA, on Sunday, September 13, 2026. The Golden Hills Mustang Club enjoyed a beautiful Sunday, surrounded by polished cars, friendly enthusiasts, and the excitement of a new event. Representing the club were Paul Troxell (2017 Mustang GT), Scott Paulin (2013 Mustang GT/CS), and Rob Lo (1967 Mustang HT Coupe). Together, the three Mustangs showcased the pony car's evolution. Rob's 1967 Mustang HT Coupe brought classic style and timeless character, Scott's 2013 Mustang GT/CS added distinctive styling and modern performance, and Paul's 2017 Mustang GT completed the lineup with contemporary muscle and aggressive looks. The show featured a wide variety of beautifully maintained vehicles, giving everyone plenty to admire and discuss. Paul, Scott, and I enjoyed catching up, sharing Mustang stories, and visiting with fellow car enthusiasts. James Dowling and Frank Capriato also made an appearance; James won dinner for two at Texas Roadhouse. A special thank-you goes to Paul and Scott for bringing their Mustangs and proudly representing the Golden Hills Mustang Club. Their participation helped make the event memorable and reflected the friendship and fellowship that bring our club together. The Texas Roadhouse First Car Show was a fantastic way to spend a Sunday morning, and we look forward to many more cruises, shows, and club gatherings. Great cars, great friends, and great Mustang memories—that's the Golden Hills Mustang Club! Keep those Mustangs shining!

Photos and Article by: Rob Lo





29th Annual SAMC Mustangs & Fords Car Show

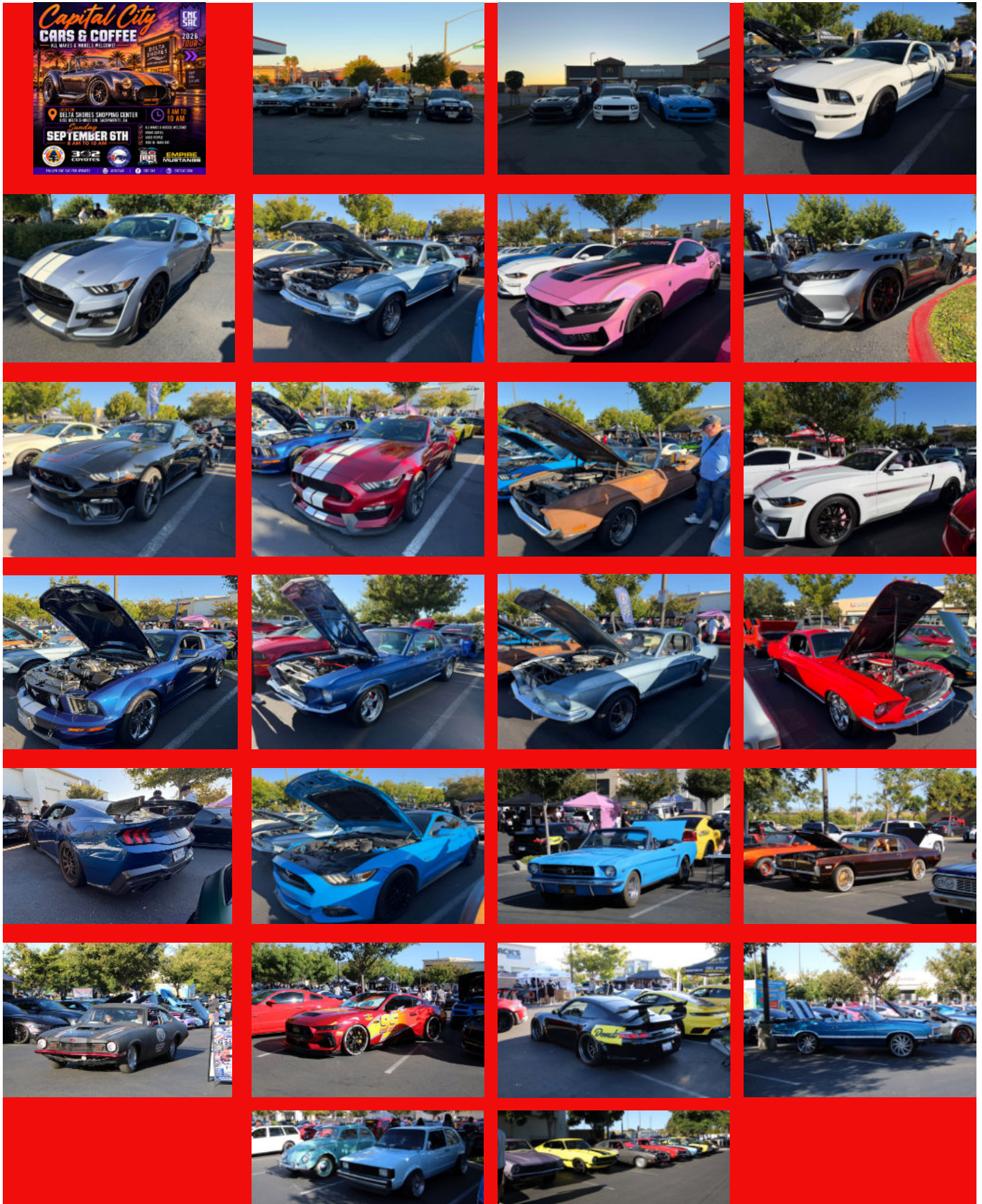
SAMC put on another fantastic show at the 29th Annual Sacramento Area Mustang Club Mustang Show, held Saturday, September 19, at UTI in Sacramento. More than 200 Mustangs and Fords filled the grounds, making it a fantastic day for car enthusiasts and a great opportunity to spend time with fellow Mustang owners from throughout the area. Representing GHMC were: Rob Lo -1967 Mustang Coupe, Brian Evans - 1968 Shelby KR500 Convertible, Greg Turner -1993 Mustang 5.0 Convertible, Scott Paulin - 2008 Mustang GT/CS Fastback, Eric Isaacson - 2017 Mustang Fastback 5.0 Coyote, Paul & Alice Troxell -2017 Mustang 5.0 GT. Big congratulations to Brian Evans, Eric Isaacson, and Rob Lo, they were recognized with an award in their respective classes. Their awards were a great accomplishment and a wonderful representation of the Golden Hills Mustang Club. Special shout-out to Alice Troxell, who was the only female representing GHMC at the show. Thank you, Alice, for representing the club and helping make the day even more special! With so many beautiful Mustangs and Fords, good friends, and a great turnout from GHMC, it was another memorable day for the club. We look forward to seeing everyone again at the next Mustang event!

Photos and Article by: Rob Lo



Cars and Coffee Around the Area

Capital City Cars and Coffee at Delta Shores, Sacramento CA, September 6, 2026
Photos by: Bill Watkins and Rob Lo



Cars and Coffee Around the Area (cont'd)

Cars, Bikes & Coffee in Vacaville, CA, September 20, 2026 Photos by: Peter Mitsopoulos





Ford Fairfield Cars and Coffee

On a beautiful, sunny September morning, Ford Fairfield teamed up with the Golden Hills Mustang Club to host a fantastic Cars and Coffee event. Our Mustangs gleamed in the sun, with GHMC flags flying proudly for all to see. Adding to the spirit of the community, the Solano County Pink Heals brought out “Christine,” the fire truck, which was displayed with honor alongside a Solano County Sheriff’s vehicle. The local SPCA also joined the festivities with kittens and dogs looking for their forever homes, giving attendees the perfect excuse for some puppy cuddles. The morning was filled with great music, lively conversation, and plenty of laughter. To top it all off, the GHMC proudly welcomed a brand-new member to the club!

Article by Lisa Mitsopoulos

Photos by Peter Mitsopoulos, Terry Burke, James Dowling





5TH ANNUAL PLANES, TRAINS, & AUTOMOBILES

The Rowland Freedom Center hosted the 5th Annual Planes, Trains & Automobiles Car Show. This two-day show lets attendees enter their vehicles on Saturday and/or Sunday. This year, some GHMC members entered their Mustangs on both Saturday, September 26th and Sunday, September 27th. The event featured the finest vehicles in northern California, including Mustangs from GHMC members Peter & Lisa Mitsopoulos and Brian Evans. Inside the Rowland Freedom Center Museum there were elaborate Model Train layouts, complete with miniature landscapes. The Space and Robotics Exhibits highlighted the latest in engineering, exploration, and automated technology. The Solano County Sheriff had their BearCat armored vehicle on display, the Sheriff's Posse brought out one of their beautiful horses and rode around the event, engaging with the public. California Highway Patrol set up a display including a vintage CHP Patrol vehicle. California Dream Express train provided train rides for kids and kids at heart, and the American Armory Museum brought out unique military vehicles to display. Congratulations to Brian Evans for winning an award for Most Patriotic. The Golden Hills Mustang Club would like to thank the Rowland Freedom Center for hosting another amazing event. We look forward to attending the 6th Annual Planes, Trains, & Automobiles show in 2027.

Article by: Peter Mitsopoulos

Photos by: Peter Mitsopoulos and Brian Evans



Herman Rowland, Co-Founder of the Rowland Freedom Center, with Brian Evans

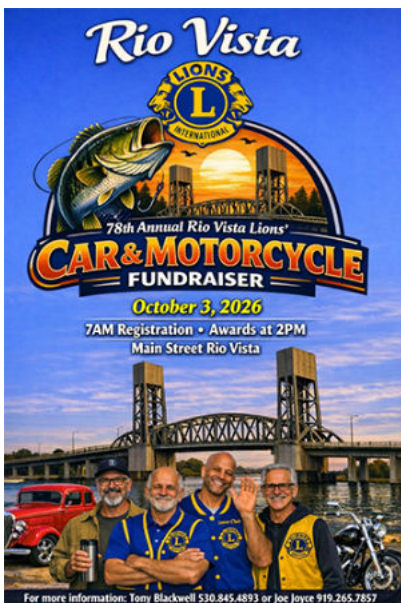


MARK YOUR CALENDAR

- OCT 3 RIO VISTA BASS DERBY & CAR SHOW [REGISTRATION FORM](#)
- OCT 4 2026 GORDON VALLEY VOLUNTEER FIREFIGHTERS CAR SHOW [REGISTRATION FORM](#)
- OCT 7 GHMC BOARD MEETING - DENNY'S CORDELIA, 7PM
- OCT 10 DVMA ALL FORD CAR SHOW @ COBRA EXPERIENCE 8AM – 3PM [REGISTRATION FORM](#)
- OCT 22 CLASSIC CAR CRUISE NIGHT @ MEL'S 4-9PM 171 NUT TREE PKWY, VACAVILLE, CA.
- OCT 25 DOWNTOWN ARBUCKLE CAR SHOW [REGISTRATION FORM](#)
- OCT 27 GHMC GENERAL MEETING, FORD FAIRFIELD, UP STAIRS CONFERENCE ROOM
PLEASE NOTE NEW START TIME, MEETINGS NOW START AT 6:30 PM.
- OCT 31 TRUNK N TREAT @ DUPRATT FORD 10AM – 2PM
- NOV 5 GHMC BOARD MEETING - TBD
- NOV 11 FAIRFIELD VETERANS PARADE - EMAIL WILL BE SENT WITH MORE INFO
- NOV 24 GHMC GENERAL MEETING, FORD FAIRFIELD, UP STAIRS CONFERENCE ROOM, 6:30 PM.

NOTE: If you sign up to attend a GMHC event but cannot attend, please notify the event chairperson ASAP. If you need contact information, please email: info@goldenhillsmustangclub.com

click on the flyers below for registration



GHMC ELECTION INFORMATION

It's that time of year again!

Election time is near and we need to find out who would like to run for office or board position. The board is made up of four elected officers (President, Vice-President, Secretary, and Treasurer), the outgoing President, and not less than three, nor more than six members in good standing (current dues paid). Any member in good standing who would like to participate in the management of the club is encouraged to add their name to the ballot. If you are interested in running for office and cannot attend the October meeting, please call President Bob Fentress (see page 2) so that your name can be added to the ballot. Remember, no experience is needed, just willingness to help the club and lots of Mustang spirit! Nominations will be presented at the October General Meeting and nominations will also be taken from the floor at that time. If you want to be nominated for a position and cannot attend the October meeting, please notify the president.

The ballot will be mailed to you in early November and you can either mail it to the P.O. Box or bring it to the November General Meeting.

The following list explains the duties of each office:

- President: Presides over club meetings-board & general (calls meetings to order; announces sequence of business to be discussed; recognizes members entitled to the floor, calls for motions on any questions when necessary, adjourns the meetings, and delegates duties as needed, including the handling of club correspondence), and signs all contracts or other instruments or writing approved by the Board of Directors.
- Vice-President: Presides over club meetings - board and general - in the absence of the President (see President), maintains the club calendar, and is the contact member for members interested in chairing club activities.
- Secretary: Keeps a record (minutes) of club meetings-board and general; maintains a club roster (unless another officer or board member is assigned to do so); keeps record books of club by-laws and minutes; as well as any amendments thereto, and any other significant reports; prepares and mails election ballots; may prepare an agenda for each meeting if so requested by the president; prepares/ responds to club correspondence as directed; and performs other duties as prescribed by the Board of Directors.
- Treasurer: Handles club funds (receipts and deposits); balances the club checking account records with the bank account statement monthly; makes a financial report to the membership each month regarding income and expenditures, collects membership dues and other income; handles the sale of club t-shirts; attempts to collect on dishonored checks received by the club; and makes disbursements as authorized by the board.
- Our club provides an MCA membership to all officers during their term
- Any combination of officers may be required to sign checks for disbursements made from the club account.
- At least two officers hold a key to the club mail box and are responsible for collecting mail.

Editor's note: Something to think about! Without officers, we don't have a club. Several of our officers and board members have served many terms and there is always room for fresh ideas. Please consider stepping up to keep this club fun and active!



HAPPY BIRTHDAY



October Birthdays

10/1	Mike Deocampo	10/18	James Sturgeon
10/3	Jerry Williams	10/21	Kitty Brevig
10/6	Liz Tunac	10/21	Staci Isaacson
10/7	Romeo Castro	10/21	John Moore
10/8	Nick Loya	10/23	Olivia Pippert
10/11	Charles Shepard	10/24	Thomas Williamson
10/13	Victoria Joines	10/26	Brandon Leathers
10/15	Adam Simms	10/26	Kathy Loya
10/16	Bradley Freitas	10/29	Roger Driver

November Birthdays

11/2	Kim Paulin
11/6	Cheryl Stafford
11/7	Jessica Robinson
11/10	James Dowling
11/13	Bob Haran
11/16	Lisa Pfeifer
11/22	Vicki Carpenter Myska
11/23	Brian Evans
11/24	Matt Timmons
11/28	Dan Cordeiro
11/28	Evan Robinson

Sunshine Corner

By Yvonne Westberg

Cards were sent out in September to:

Cindy Bramlett, Ileine Burke, and Liz Normandin

- ☀ Please keep our members that have had health issues in your thoughts. They could all use our prayers. If you would like to send them a card, email, or text, please do so. It really means a lot to know that others care.
- ☀ if you know someone in need of some SUNSHINE, contact Yvonne please leave a text or voicemail message, or send an email to info@goldenhillsmustangclub.com



WELCOME NEW MEMBERS



Matt and Shannon Timmons
Vacaville, CA
1965 Mustang Coupe, Tahoe Turquoise
1967 Mustang Fastback, Nightmist Blue

Gunther and Ros Mari Ficarrotta
Vacaville, CA

Mike Deocampo
Rio Vista, CA
2000 Mustang Coupe, White

GOT HAPPY NEWS?



It is always great to share some happy news, especially during difficult times. If you have something HAPPY (retirement, engagement, new grandchild, recognition or an award) to share with your fellow club members, please send an email to Lisa Mitsopoulos at liliprincess14@yahoo.com

PLEASE SUPPORT OUR 2026 SPONSORS AND ADVERTISERS



Barbara Lightfoot-Nielsen



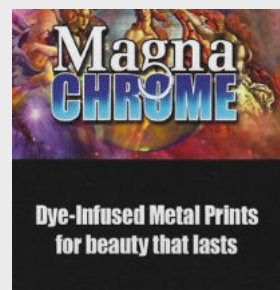
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info@goldenhillsmustangclub.com
\$15 for member \$30 for non-member
Business card sized ad.

Remembering Ron Bramlett

The Golden Hills Mustang Club is saddened by the passing of long time club member Ron Bramlett on September 8th. Ron was a true Mustang enthusiast, businessman, visionary, and friend to so many in the Mustang community.

For more than four decades, Ron dedicated his life to the Mustang. Alongside his family, he founded Mustangs Plus in Stockton, California, in the early 1980s, building it into one of the most recognized names in the Mustang restoration and aftermarket parts world. Ron's passion went far beyond selling parts; he collected, restored, raced, showed, and, most importantly, shared his love for the Mustang with others.

In 2014, Ron served as Executive Event Director for the Mustang 50th Birthday Celebration, working alongside the late Steve Hall, Founder of the Mustang Owner's Museum. As Ron and Steve worked together to create the historic 50th Anniversary Celebration in Charlotte and Las Vegas, they began discussing how to preserve and showcase the Mustang's incredible history beyond the anniversary event.

What started as an idea for a temporary Mustang history display, became the Mustang Owner's Museum. Ron didn't just help build a business around the Mustang. He helped build a legacy around the Mustang.

Our thoughts and prayers are with his wife Cindy, the Bramlett family, and all of Ron's friends and fellow Mustang enthusiasts during this difficult time.

Rest in peace, Ron.



Photo courtesy of Mustang Owner's Museum

2026

BOARD OF DIRECTORS

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Bob Fentress -

VICE PRESIDENT

Nick Loya -

SECRETARY

Norma McCabe -

TREASURER

Brian Evans -

PAST-PRESIDENT

Sue Calvert -

BOARD MEMBERS

Terry Burke -

Dan Cordeiro -

Robert Lo -

Frank Lopez -

Don McEachern R.I.P. 7/23/2026

Position Open

2026-27 CAR SHOW CHAIR

Bob Haran

carshow@goldenhillsmustangclub.com

2026-27 CAR SHOW CO-CHAIR

Volunteer Needed

CLUB ITEMS

Robert Lo -

FOOD DRIVE

Pat Sivigliano

CLUB HISTORIAN

Ileine Burke -

HOSPITALITY

Volunteer needed

MCA REGIONAL DIRECTOR

Robert Lo -

MEMBERSHIP

Kathy Loya -

membership@goldenhillsmustangclub.com

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Cyndy Lamphiear & Lisa Mitsopoulos

SUNSHINE

Yvonne Westberg -

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Terry Burke -

webmaster@goldenhillsmustangclub.com

PARADE CHAIRMAN

Brian Evans

NAME BADGES

Dan & Norma McCabe -

PONY EXPRESS TO OUR TROOPS

Frank Lopez

SCHOLARSHIP

Frank Lopez

INFORMATION OFFICER

Dan McCabe

info@goldenhillsmustangclub.com

VETERANS LIASON

Dan McCabe

GHMC Technical Director

Volunteer needed

Note From the Editors

A huge thank you to everyone who submitted articles and photos for this month's newsletter! To keep bringing you great content, we need your input and participation. This is our club—we encourage all members to chair an event, write an article, and share ideas/stories. Let's work together and have some fun!

Peter & Lisa Mitsopoulos

The Golden Hills Mustang Club meets on the 4th Tuesday of each month at:



Ford Fairfield

3050 Auto Mall Court, Fairfield CA, 94534

NEXT GENERAL MEETING
6:30pm
Tuesday, October 27, 2026

We will have our monthly raffle, and as always, donated prizes are greatly appreciated. (the theme for October will be Fall). We are also collecting [items for the Troops](#) and the Food Bank. Please check the expiration dates on the non-perishable items, as the food bank will not accept out-of-date food, and we cannot send out-of-date items to the troops. Keep in mind that items for the Troops must fit in a 12" x 12" x 5 ½" Box.



GOLDEN HILLS MUSTANG CLUB

www.goldenhillsmustangclub.com

P.O. BOX 497

Fairfield CA, 94533-0049

An MCA Regional Club

